## Sunflower Hearts Tips & Advice:

# FARM&HOME STORE

### Ingredients

Peckish Sunflower Hearts are husk free seeds packed with energy and essential oils for wild birds. They are a great way of boosting birds diets, either mix with a seed mix or feed in a sunflower heart feeder.

#### How To Use

To use in bird feeders, simply pour or scoop the hearts into a sunflower hearts feeder. Place feeders in a safe place to retreat. Sunflower hearts are also suitable on bird tables, or in a ground feeder away from pets or pests.

#### **Feeding Tips**

With food resources scarce now, it is essential to feed garden birds all year round. Put out food at the start of the day to ensure that birds can replace the energy they have lost overnight. Locate feeders near cover, so that the birds have a safe place to retreat to that is away from predators. Always provide fresh, clean water.

#### Storage & Hygiene

Always ensure wild birds have plenty of fresh, clean water for drinking and bathing. Clean feeding and drinking areas regularly with a mild disinfectant. Keep food fresh and dry, removing any wet food to prevent the spread of bacteria and diseases. Not suitable for human consumption. May contain nuts. Keep packaging away from children to avoid suffocation. Store in a cool dry place away from pets or pests. Best used within 3 months of opening.

